

## PRAYER

As soon as the Supreme Self, that is all peace, identifies Himself with a human body and with a personality,

He becomes, as it were, a little human.

Sharing the lot of a little human and getting engulfed by an ocean of delusion, sometimes rising sometimes sinking, and blown hither and thither by the winds of destiny, He becomes helpless.

In that helpless state, He has only one power.

The power of prayer.

Such is the power of prayer, that one can shape the whole universe through it.

In truth, the whole universe is created, sustained, changed and dissolved by the power of prayer alone.

The spiritual man does not need to exit his room to change or help the world.

He does not even need to open his eyes.

Through a humble, sincere, loving prayer, the whole of existence is filled with Light.

The whole universe gets transformed.

Prayer is much more than a request.

Prayer is a link between the little human and the supreme Self.

Prayer is a calling upon our supreme nature.

Prayer is a means to remember.

Such is the glory of prayer, that even if one prays with a lower, material motive, but with sincerity and humility, he will still connect to his divine Self.

How much more for the pure-hearted devotee, who prays for Knowledge of Truth and for Devotion?

Remember, O Beloved,

a prayer uttered with a sincere and humble Heart can never be disregarded!

Pray for Knowledge of your true Being.

Pray for Devotion to your true Being.

Remember, it is not only the result of the prayer that we seek.

Prayer itself is a way to connect to our own Being.

Prayer is a way to purify our Heart.

Prayer is a way to remember.

In a humble and sincere prayer one does not need to wait for its fulfillment.

The prayer itself brings fulfillment.

Hence, O Beloved, realizing the helpless state of the little human, pray with  
a humble Heart.

Realizing the vital need for the Truth of our Being, pray with sincerity.

And be thus fulfilled.