

# *Satsang with Om Baba*

(6 March 2017)

## **Trusting what is essential**

Some people ask: "How can I trust the Guru?" or "How can I trust God?". That is a tricky question, so let's leave it aside for a moment. I would rather ask: "How come you trust your ego so much?"

You are fully obedient to it. You fully follow it. Whatever it says you say: "Yes, Master!" Immediately you do as it says. "Go there!" it says. "Yes, Boss", you say.

Have you noticed that there is a guiding, ordering voice inside telling you what to do? How come you trust this voice so much when it brings you so much trouble time and time again? It constantly brings us into suffering, lifetime after lifetime. How come you trust it so much and cannot let it go?

This is truly the question. Is it worth your trust?

You have been trusting it for such a long time and it just brought you into pain and suffering. The ego is not interested in life as it is. The ego is interested only in its individual entity. The ego is interested only in separation. "I am one thing, you are something else".

The ego is interested in power. Power over others. Dominion, recognition, in being distinguished, in being the King or Queen of everything.

This is the source of suffering.

If you can be comfortable with seeing yourself as a useless fellow then you can spare yourself all the suffering of being a King or Queen or emperor.

So, how come we trust so much the ego? If we recognise how mischievous it is and how troublesome it is, why not let it go? Is it difficult to let it go if you recognise what a source of suffering it is? For example, if someone is an addict or an alcoholic and they recognise their addiction to be a source of suffering, they will simply let it go. Maybe it will take a little time, time is needed, but if you first recognise that it is a source of suffering, then you have done half the work already, you are ready to let it go. In the same way we need first to recognise what a terrible addiction our own ego is.

Let me define the ego. Ego is the idea of separation. I am a separate entity. I am Mr. Om Baba, nothing else. I come from Greece, I am a Swami. This is the ego.

The identification with a separate entity. That is the main source of suffering. The great source of suffering. How come we trust this so much? How come we cannot let it go, this most terrible addiction? How is it that we do not see that we exist inside every form just as much as we exist in this form?

What I am, this Life that I am, this Awareness that I am, this Being that I am exists in exactly the same way in every human form as it exists in this human form. Is it so difficult to see?

If we have just a glance of this, why not let go of the ego? Why do we once again trust the ego? Why do we not trust life?

Or you can call it Being.

You can call it God.

You can call it Siva.

Let's call it Life. Why not trust Life? It is constantly here. In infinite forms, with infinite names, infinite shapes, in infinite colours and without colour. Sometimes as a human being, sometimes as an animal, sometimes as a planet, sometimes as a galaxy, sometimes as a molecule. Life pervades all these. How can we not trust that which is so steady, so unchanging, so constantly there, so reliable. It never goes. How can we not trust something that never goes, that is always with us? How can we not trust our own Being that is constantly with us?

Is there anything else that is more trustworthy than our own Being? You can say to your friend: "I trust you", and the next day he has gone. Then you trust him again and he goes again. You keep on trusting. How can we not trust our own Being that never goes? That is constantly here. Lifetime after lifetime, and even in the space in-between, the Being is constantly with us. Ever the source of all that is beautiful, of all that manifests.

The source of all that comes and goes, while Itself does not come and does not go. The very centre, the Heart.

How can we not trust what we truly are?

If, out of God's Grace, out of extremely good fortune, we meet a human being that is somehow a representative of what we are, if we meet a Guru, then how can we not trust? When you see the Master and see: "Hey! I am That, this is who I truly am", how can you not trust this? And what else will you trust apart from That? Your ego?

Let me put it another way. If you make the decision, the firm decision: I want to know the Truth, I want to know purity, I want to know Love, this is what I want to know in my life, I want to know peace, this is my very clear goal. Then by very good chance you meet a human being, and that human being radiates so much love, more than you have ever felt before in any human being. This human being radiates so much peace, and so much purity, kindness and truth. If you seek for these things, why not trust that being? Why not stay close to him? Because he is the very container of that which you are seeking, he is the very representative of your true Self.

What you were seeking you have found.

You have discovered it, it is there! Why not trust it? Why not stay with it? This is a question I cannot answer.

For example, many people would come to Maharajji, western people also would come to meet Him. They would come, make pranam, and go, saying: "Oh, He didn't speak", "He didn't say something interesting". Very, very few people would stay with Him. Sensitive and genuine people would stay with Him. What they were seeking, either consciously or subconsciously, He was the container of that. He was a container of peace, He was a container of Love, He was a container of Truth in its purest form. So how can you go away? Perhaps you are not seeking for these things, perhaps you are seeking something else. This I can understand, but if you seek for these things how can you go away?

Let us summarise a little bit. We spoke a little bit about praying, the importance of Prayer. We spoke about the clear understanding or recognition that I am a useless fellow and being content with that, being happy with it. It is a source of joy. I am a useless fellow! The moment you recognise this, the moment you accept this, you become so happy! There is nobody happier in the village than the village idiot! Nobody is happier, I assure you.

When you are comfortable with this, then naturally a prayer may arise, a prayer for Truth, a prayer for Love, a prayer for fulfilment. In fact, when we recognise that we are useless fellows, we become qualified for Truth. Only then do we become qualified, before this it is impossible. When we make this joyful recognition we become qualified, we are ready.

Then, the second step is to ask: is it really the Truth that we are seeking? You have to ask yourself this question: "Do I really seek for the Truth or am I just looking for fun and a nice time?". This is also ok, there is nothing wrong with it. You must be sincere with yourself... "Do I seek for the Truth? Or do I just want to let it flow and see what happens?"

If we seek sincerely for the Truth, if we seek sincerely for what is pure, for what is beautiful, for what is peaceful, for what is loving, then why not surrender to it when we find it? Why not let everything go and surrender to it? It will not require so much effort, it is just a natural process. If, on the other hand, you feel that you have many important things to do, you have many important duties to fulfil, that you are not truly a useless fellow, that you are a very useful being, that you will fulfil your duties first and then look for the truth... I can tell you that you are still quite deluded.

You are deceiving yourself.

Your ego is your master.

There is nothing that is so important to do. It's just that the ego comes and tells us that it is so important, and if we do this we will rise higher.

So, even if you are a useless fellow, you can fulfil the duties that come through destiny. Very beautifully, very playfully, accepting mistakes, but if you feel you have important things to do then you are in trouble, and I cannot help you.

What is more important? If you feel you have important things to do, what is more important than Love, than Peace, than kindness, than Truth, than Oneness, than fulfilment? What is more important than these?

Just a glimpse of Truth, and all your 'important things' will fade out in insignificance. They are totally insignificant compared to That.

Realise yourself.

Then you will truly know what Love is.

You will truly know what Peace is.

You will truly know what natural Joy is.

After awakening as the Self, then you can fulfil all your other duties as well... if you like, if you still consider them to be important, you can fulfil them. No problem.

So, do not postpone this. Dedicate some time. Make a few sacrifices. Focus a little! Recognise the Self and then you can fulfil all other duties - not the other way around. First recognise the Self and then fulfil all your important duties. Until then, be happy to be a useless person.

*- Om Shanti Shanti Shanti -*