

Satsang with Om Baba

(Rishikesh 2019)

Closing Satsang

Welcome everybody to the Satsang!

We have asked one question before a few days and I want to repeat the same question.

What are you ready to give for the sake of Truth?

Are you ready to give the untruth for the sake of Truth? If the Supreme Self will appear to you in a vision or in your meditation and will tell you "*I am ready to bless you with the highest of Truths, will you give something to me? I ask only one thing from you; give me the untruth!*" If, let's say, Lord Shiva will ask from you "*Give me the untruth and I will give you in exchange the perfect Truth*", would you make this exchange? Ask yourself very sincerely about it, because the moment you are ready to make this exchange you are ready to enter into the Truth. Because there's nothing that obstructs the Truth other than the untruth.

And when I speak about Truth, I don't mean truth about all and everything...you are not so much interested about this. I'm speaking about the Truth of our own Self. I'm speaking about the one essential Truth. And so, this Truth about our own Self is covered by the untruth about our self. All the ideas we have about our self, all the descriptions we give to our self...

How many of the ideas that we have about us are untrue? All of them! That makes it very easy, you don't need to be confused. All of them! Whatever we feel about *I am this* or *I am that*, it is all untrue.

We can say '*I am a man*', it's untrue; '*I come from Greece or from Russia*', it is untrue; '*I am old, I am young*,' it is untrue; '*I have these skills and these weaknesses*', it's untrue; '*I am beautiful, I am ugly*', it's untrue. Can you grab all these ideas and throw them out of the window?

Any idea... Perhaps '*I am a teacher or I am a student*'; '*I am great and important or I am nobody*'... Can you throw it out? Can you fully renounce it? And discover what lies beneath it? What is not an idea, what is Pure Existence!

Can you give up the idea *'I am a human being'*? I know it's a very solid idea, a very deep-rooted idea, nevertheless an idea. You were not a human being before 20, 30, 40 years. You will not be a human being after a few years. Humanity does not define what you are, it's just an idea. Can you give it up for the sake of Truth?

And of course, if you are not this human being, everything that you believe it belongs to you, of course it's also an idea. Any idea of possession is a false idea. And even the idea of the possibility of possession is a false idea.

So, if you prefer, you can start by understanding that you don't really possess anything. The Pure Being does not possess anything, does not need to possess anything. Yes... At the same time remember this, it cannot possess anything! Because some people, in a very intelligent way, they repeat to themselves *'I don't have anything'*, which is true but there is some subtle voice inside saying *'Yes, but maybe I can have that and then I will be happy!'* The Self cannot possess anything, neither objects, neither people. Can you give up all these ideas? Completely! - and see what lies beneath... Can you give up the untruth in its totality and see what lies beneath?

You can visualize Jesus Christ knocking at your door and saying *"I came to give you a gift today, I came to give you the nectarine, liberating Truth. I ask only one useless thing from you in exchange. I just want the untruth. Give me anything that is unreal and I will give you the Truth."* Would you make this exchange?

Ask yourself again and again, everyday, would you make this exchange? Or will you answer *'Come back later, there's some things I want to fulfil first and I am very busy at this moment, please come later!'* Remember!... there's no later!

We say many times the story, when Jesus Christ met Peter and his brother Andrew, they were fishing in the lake, they were fishermen... Jesus Christ came on the coast and He was waiting for them. They came out. He asked them *"Brothers, what have you caught today?"* They said to Him *"Nothing Maharajji"*. He said to them *"Come with me and I will help you catch the Truth"*. Peter said *"Maharajji, we will come with You, just give me five minutes, I want to go back to my father, he waits for us, I will tell him we are going and then we will come and follow You"*. Jesus said to them *"No, I am going now!"*

They followed Him...immediately! At this very moment, at this very place, they gave up the untruth completely! They gave up the untruth with all its aspects... For the sake of Truth! And they are still remembered as some of the greatest saints! Are you ready to do it? Or will you say to Jesus *'Just come later, I'm a little bit busy now'*. You don't know how many times He comes at your door and we don't know if He will come again. You don't

know if there will be a second chance. So be ready! Be ready to answer this question in the correct way, not to me, but inside of you!

Will you give up the useless untruth for the sake of the Truth?

Will you give up the useless untruth so much full of suffering for the sake of Truth so much full of joy?

Will you give up the untruth so much full of separation for the sake of Truth that is full of Oneness?

Will you give up the untruth of duality so much full of competition for the sake of Truth so much full of Love?

How can you have both the untruth and the Truth together? It will be like saying *It's so hot and so cold simultaneously!* The one of the two negates the other. Think about this, the only thing that obstructs you from the omnipresent Truth is your attachment to the untruth. It is a choice that you make, that you prefer the untruth. It is your choice! It is not the destiny that binds you to the untruth. It is not the society, it is not the government, it is not the YouTube, it's not the internet, it is you, yourself and nobody else.

So, if your choice is correct, the whole Universe will stand by your side to support you. If your choice is correct and sincere there is nothing that can stop you! If your choice is not sincere or not correct, even the smallest thing will stop you. That's why I say again and again, the first thing is the choice, your own choice, the first and most important thing is your choice. After this, if your choice is sincere, you have to materialize this, you have to manifest your love for Truth into action and it will naturally become spiritual practice. Just saying '*I love the Truth*' without doing anything, this is very shallow. Your very life must be a proof of your love! Like the story we were saying on Monday about Parvati.

Make the joyful choice, dedicate yourself to it and find a guide, find a teacher who is a knower of the Truth and ask for his guidance. Follow the guidance of a knower of Truth, catch hold of his cloth and don't let it go. Embody the teaching in your life! Become yourself an embodiment of the teaching and very soon you will become an embodiment of the Truth itself! You will become an embodiment of Oneness, an embodiment of Joy.

I just ask one thing from you...give me the untruth! Not necessarily to me, you can just throw it in the Ganga.

Give up the untruth comprised of so many false ideas. Comprised and composed out of so many attachments. All this composes the ego. Give it up! You don't need it, it's the worse

addiction, you don't need it. Without it you become unlimited, without this there is nothing to trouble you. Without the ego you become immortal, without ego you will finally know Love. Throw the ego composed of all these ideas, throw it out of the window and be free! And breathe free! And live free!

What else can we say? This is the whole teaching!

We can go around and round of the teaching, speak it in different ways, but this is the teaching. And as Maharajji was saying "*Do your practice!*"

Maybe what we said today sounds Chinese to you. When you do your practice slowly the intellect becomes more open, more receptive, more clear. You can understand even Chinese. Even Chinese will make sense to you, what we said here today will be so clear, will be a direct experience. So, do your practice! And don't think about this... Just do it! In the same way you don't think if you will brush your teeth or not, you just do it! Don't think about doing your practice, just do it! It's much more important to know your Self than to brush your teeth! You can be without teeth and be very, very happy! Just like Maharajji! Or you can have all your teeth and be very miserable... So, your spiritual practice is more important than the health of your teeth!

During all this time we have spoken of so many spiritual practices. Do whatever practice is good for you! But sit a minimum one hour in the morning, one hour in the evening, minimum! If not even this, then what are you doing? If you cannot even offer that, then what are you doing?

So, whoever understands, let him or her experience the egoless state. Whoever does not understand let him do his practice and come back to the Satsang next time.

Make it your clear determination...

I want to be free from my ego,

I want to be free from separation,

I want to know Oneness,

I want to live in Oneness,

I want to become Oneness,

I want to merge in the peaceful Oneness!

This is my greatest wish, this is my one prayer and I will most certainly do it!

By the Grace of the Guru, by my own sincere determination,

I will certainly do it!

- Om Shanti Shanti Shanti -